



LIAISON
COLLEGE

DIPLOMA PROGRAM: Cook Advanced - Level II

Food, Beverage and Labour Cost Controls

- Objectives and Applications of a Food and Beverage Control System
- Food & Beverage Cost controls
- Management Principles
- Employment & Labour Laws
- Employment Recruitment, Selection and Training
- Performance Assessment and Productivity Standards
- Labour Relations
- Labour Cost Controls

Communication - Advanced

- Formal Reports
- Business Correspondence
- Resume Development and Career Planning
- Presentation Skills

Calculations - Advanced

- Business Calculations
- Cost / Sales Calculations
- Break-even Analysis
- Inventory Calculations
- Yield Calculations

Food Theory - Advanced

- Deep Frying and Fish Cookery
- Meat & Poultry Cookery
- Wines, Spirits and Beers in Cooking
- Garnishes & Derivative Sauces
- Buffet Preparation
- Convenience and Microwave –ready Foods

Pastry, Desserts and Related Theory

- A la carte Cold and Hot Desserts
- Pies, Tarts, and Flans
- Choux Paste Products
- Yeast Products
- Puff Pastry
- Cheese Cakes, Special Occasion Cakes

Culinary Techniques - Advanced

- Fish and Shellfish
- Canapés, Pate and Hors D'Oeuvres
- Cold Buffet and Soups
- Desserts
- Poultry and Game
- Lamb, Pork, Veal and Beef Cookery
- Pasta and Rice Cookery
- Soufflés
- Dining Room – Mise-en-Place

Cuisine – A La Carte

- Introduction
- Appetizers, Soups and Salads
- Vegetables, Potatoes, Pastas and Rice
- Desserts
- Equipment Identification, Use and Maintenance



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TRAINING SUMMARY

| | |
|---|------------|
| Tax Deductible Tuition Fee | \$7,245.00 |
| ◦ Textbooks/Workbook | \$ 295.00 |
| ◦ Uniform/Equipment | |
| ◦ Food Handlers Exam | |
| Additional Costs | |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| Administration / Processing Fee | \$ 495.00 |
| Total | _____ |

Class Times _____

Start Date _____

Duration 300 hours over 15 weeks

Payment Options:

- 1. Full Payment (Visa, M/C, AMEX, Cheque, Cash on registration) _____
- 2. Interest Free Payment Plan (OAC) _____
- 3. Travellers Financial (9.9% interest rate) _____
- 4. Second Career / Employment Ontario _____
- 5. Other _____

Call back for your program acceptance: _____

Your Admissions Representative is: _____

For more information about Liaison College, privacy policy, student complaints procedures, appeals process, and expulsion policy, please visit: www.liaisoncollege.com

This program is registered with the MTCU.